Toronto metro
Your essential daily news | TUESDAY, JUNE 9, 2015

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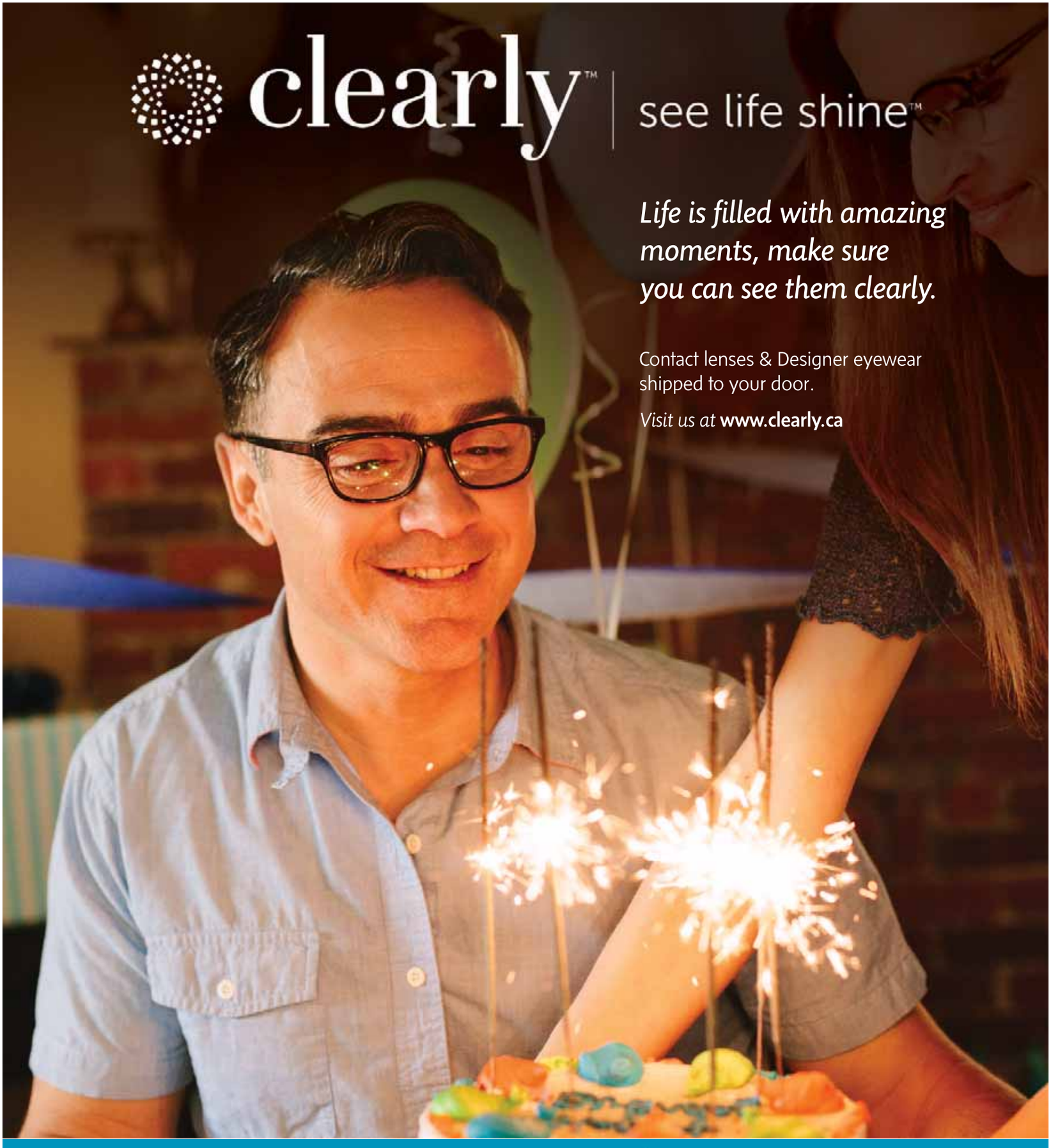
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ILLUSTRATION: ROSSI GIFFORD/FOR METRO

MAYOR FLEXES MUSCLE ON GARDINER

WILL TORONTO LOSE ITS GRAND VISION TO TORY COMPROMISE?

In metroNEWS

- Tory's flip-flop on carding: Could he flip-flop on Gardiner, too?
- Metro's Matt Elliott breaks down issues surrounding expressway

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metro NEWS
Your essential daily news

Triple Crown champ races to cash in. Business

LICENSING

Business high on Hendrix

A Toronto-based company has licensed the use of Jimi Hendrix's likeness for the branding of its edible marijuana products.

Nutritional High, a Toronto-based company that is launching an edible marijuana and marijuana extract business in U.S. states where pot is legal, announced Monday it has licensed Hendrix's likeness and song titles.

"Jimi Hendrix is one of the most legendary rock guitarists of all time and this partnership should create instant brand recognition for our edible marijuana products by Jimi's fans across North America," said CEO David Posner. "Entering into brand partnerships with the world's foremost marijuana-related artists is a core component of our strategy, and we are honoured to become part of Jimi's legacy."

In the deal, Purple Haze Properties LLC was given shares in Nutritional High and will be paid $1,000,000 or more over five years, Nutritional High said in a press release.

JESSICA SMITH CROSS/METRO

Jimi Hendrix in 1970.
GETTY IMAGES

Toronto's model citizen

BIG IDEA

Businessman's miniature city a labour of love and money

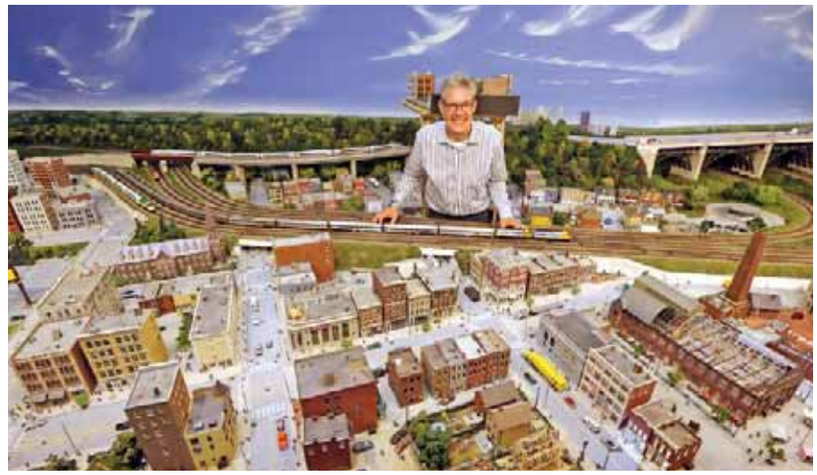
It's the stuff of John Tory's dreams.

Toronto laid out before him in miniature. Union Station finished. The subways running on time. Tiny people made of plastic with no opinion about the Gardiner Expressway.

To live out his wildest autocratic fantasies, the mayor need only take the 401 to Mississauga. In a warehouse there — a relatively small, unassuming place on Britannia Road, with a bare concrete floor — two GTA businessmen have built a model Toronto.

Under construction for a year and a half now, its version of the Rogers Centre has a retractable roof and a working Jumbotron (or Minitron). The St. Lawrence Market teems with piles of amoeba-sized bagels. Trees made of twigs and sponge cluster on the banks of a painted Don.

The chief magistrate of this Lilliputian city is named Jean-Louis Brenninkmeijer. He's the scion of one of Europe's richest families, a Dutch-German clan whose net worth was recently estimated at $29 billion. They made their fortune in clothing retail, but for the past 16 years, Jean-Louis has lived in Oakville, since 2002 making investments in wind and hydro power for one of the family businesses.



Jean-Louis Brenninkmeijer has spent the past couple years building a replica of his beloved adoptive city at a warehouse in Mississauga. Below: The Air Canada Centre and the St. Lawrence Market, both at a ratio of 1:87. The ACC contains 4,000 plastic fan figurines, replicating the first period of a Leafs game with astonishing precision. VINCE TALOTTA/TORSTAR NEWS SERVICE

Raised in Britain, with subsequent stints in France, Belgium, Germany and Holland, Brenninkmeijer is tall and genteel, with an accent that could be described as English-ish. He got the idea for what he's calling "Our Home and Miniature Land" from a similar, hugely ambitious setup in Hamburg, Germany, called Miniatur Wunderland.

"It's a dream that I've had for a while. It's a passion," he says.

Brenninkmeijer is also hoping it will be big business. He's already spent almost $2 million of his own money on the venture and is looking for outside investors to help him expand into models of other important Canadian places: Ottawa, Vancouver, the oil sands, northern Ontario. Hamilton is already underway.

$2 million

The amount Jean-Louis Brenninkmeijer has spent constructing his highly detailed miniature version of Toronto.

He envisions a vast complex where students and tourists can learn about his adoptive country using an interactive smartphone app that will guide them through the exhibits. One day, he hopes the whole thing will be housed in downtown Toronto.

If the project's ambitions and budget are big, its success lies in obsessive attention to detail. A sign at the entrance to the Mississauga warehouse reads, "We sweat the small stuff."

Vice-president in charge of sweating the small stuff is David MacLean, a lifelong model train hobbyist who now works full-time on the replica Toronto.

Construction began on Jan. 1, 2014. Since then, 25,000 man-hours have been expended on the project, many of them poured into solving abstruse little problems, like the best way to build an inch-high beer vat for the model Distillery District.

"None of this you buy," said MacLean. "You have to figure out how to do it."

TORSTAR NEWS SERVICE

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Muslim community saddened by graffiti

NORTH YORK

Local group says it won't be provoked by hate speech

Gilbert Ngabo
Metro | Toronto

Residents of the Ahmadiyya Abode of Peace, a community housing complex in North York, were stunned Sunday morning when they discovered a profane message against the Prophet Muhammad. Someone had plastered the curse across the entrance of the building that is home to nearly 1,000 inhabitants.

"We suspect that this is connected to the rise of Islamophobic views," said Safwan Choudhry, a spokesman for the Ahmadiyya Muslim Jama'at Canada.

He described the incident as an act of provocation, saying that generally when someone throws blasphemy against the Prophet Muhammad, there's likely a severe, violent response.

"Our community, we absolutely do not believe that," he said. "We will not be retaliating in any way. We hold a view that there's no punishment for blasphemy in Islam."

The community has alerted police about the incident, and an investigation is ongoing, he said.

Choudhry said this is the first public anti-Muslim expression he's seen in the North York community.

He said this incident took the village by surprise, particularly because members of that housing complex are well known for community engagement.

"It is very sad and breaks our hearts that our children have to see their very beloved Prophet's name being desecrated," he said.

Safwan Choudhry, spokesman for an Ahmadiyya Muslim group, stands in front of a vulgar message sprayed onto the exterior of 3001 Finch Ave. W. LIZ BEDDALL/METRO

ATHLETICS

Ticket issues fail to derail Pan Am Games

Organizers of this summer's Pan Am Games say things are still on track despite recent snags related to ticket sales.

A spokesman for the organizing committee of the Toronto 2015 Pan Am/Parapan Games says six events have seen various sessions rescheduled since tickets went on sale last September.

Teddy Katz says ticket holders were informed of scheduling switches for diving, tennis, fencing, cycling, rhythmic gymnastics and racquetball. Katz says the schedule changes are usually made at the request of a sports federation or to make sure the best possible athletes can compete. But he says the tweaks to diving, which have seen ticket holders for a medal event relegated to watching a qualifying round, were made after organizers realized they needed fewer medal sessions for the event.

Katz also says organizers have sold about 400,000 of the 1.4 million tickets available for the Games but says this doesn't necessarily reflect a lack of interest.

"We know we won't sell out every venue — few games do. But gold-medal matches are going quickly and, if you don't count preliminary soccer tickets, we're about 45 per cent of the way there," Katz said in a statement.

He also said it's common for major sporting events to see a significant surge in ticket sales in the weeks immediately before the games begin.

51

The Games will feature 51 different sports taking place among 16 host municipalities in and around Toronto.

Refunds were made available to ticket holders whose original events were rescheduled, but Katz said most people chose not to take advantage of that option.

The Pan Am Games will take place from July 10 to 26, and the Parapan Am Games from Aug. 7 to 15.

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Cole critical of carding focus

POLICE

In being singled out, author says pleas of other citizens ignored

Luke Simcoe
Metro | Toronto

Desmond Cole believes Mayor John Tory was wrong to single him out during a mea culpa on police carding.

After months of supporting carding, Tory did an about-face Sunday, calling for a permanent ban on the "toxic" practice.

Tory claimed to have spoken with author Desmond Cole, whose first-hand account of racial profiling by police served as a rallying point for anti-carding activists, before coming to his decision.

"That's technically true," Cole told Metro. "But he should have mentioned that the conversation took place several weeks ago."

By focusing on his story, Cole believes the mayor ignored the hundreds of Torontonians who lobbied Tory and the rest of the Police Services Board to end carding to no avail.

"I think John Tory and others should have listened sooner," he said.

Cole believes the real tipping point for Tory came last week, when a coalition of Toronto's elite, including former mayors David Crombie and Barbara Hall, spoke out against carding.

Desmond Cole has, for many, become the face of carding in Toronto. TORSTAR NEWS SERVICE FILE

> **Tory felt the need to respond to me and my story, but in doing so, he missed the larger picture.**
> Desmond Cole

"A lot of powerful people who are close to John Tory started whispering in his ear and I believe, and this is just my opinion, that that's what turned the mayor," he said.

Cole also said that while a number of individuals deserve credit for opposing carding, much of the work was done by organizations like St. Stephen's Community House or the Weston-Mount Dennis community.

"Through these organizations, young people who had been carded were encouraged to come out and talk about what happened to them," he said. "That was an inspiration to me and it gave us the proper context with which to fight an illegitimate police practice."

TORY'S SHIFT

Change of heart only the first step to end carding

Cole said if Tory and the Police Services Board are serious about solving the problem, they must also be proactive in informing anyone not suspected of a crime that they're not obligated to speak to officers.

In addition, detailed receipts must be issued to those who voluntarily submit to carding, and the pre-existing carding database must be destroyed.

"If we get those three things, we know we're on the way to ending police carding," said Cole.

LUKE SIMCOE/METRO

TTC

Subway halted by surge

Up to 120,000 TTC riders were left shaking their heads on Monday morning when a system-wide shutdown left them stranded during rush hour.

After a complete system shutdown at 6 a.m., subway service resumed around 7:30 a.m. following what the TTC described as "major communication issues."

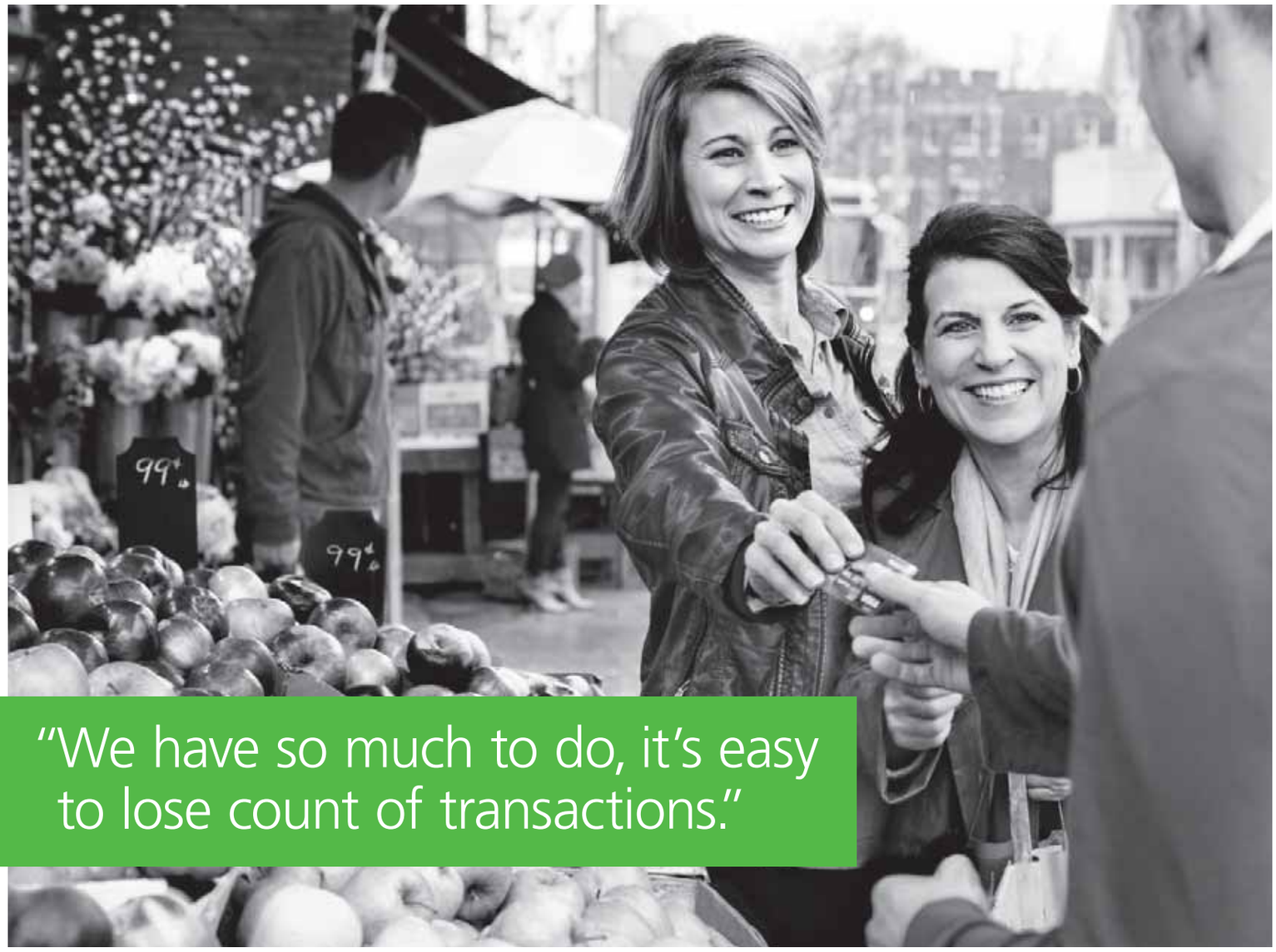
CEO Andy Byford said the system-wide shutdown was caused by a defective circuit board in the uninterrupted power supply (UPS) transfer switch.

Although service went down around 6 a.m., riders were not notified until just after 6:40 a.m. when the TTC tweeted: "All subway stations are being evacuated due to no-train service as a result of communication problems."

TTC spokesperson Brad Ross said that they were unable to issue an e-alert earlier due to the loss of Internet capability.

When service resumed at 7:30 a.m. there was a 20- to 30-minute delay building up service to normal capacity. The disruption did not affect streetcar or bus routes.

TORSTAR NEWS SERVICE



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Gardiner vote might be Tory's mayoral roadblock

CRUNCH TIME FOR GARDINER

No matter what, outcome will come back to haunt mayor, prof predicts

Luke Simcoe
Metro | Toronto

John Tory is in for the first real fight of his mayoralty this week, as he tries to prop up the Gardiner Expressway and keep his grip on council.

Elected on a platform of bridging the urban-suburban divide, Tory's support for maintaining the Gardiner has pitted him against downtown Toronto — the backbone of his electoral support.

The Gardiner vote, slated for either Wednesday or Thursday, is shaping up to be a squeaker. Council appears to be leaning towards the so-called "hybrid" option, but the few undecided councillors could shift the balance.

It's likely not how Tory envisioned his first big vote as mayor, says one expert.

Warning Toronto risks near-doomsday if city council votes Wednesday to replace the east Gardiner Expressway with an eight-lane boulevard, Mayor John Tory pitches his hybrid Gardiner Plan at an Empire Club of Canada luncheon on Monday. CARLOS OSORIO/TORSTAR NEWS SERVICE

"The best-case scenario for Tory may be to engineer a deferral," said University of Toronto professor Zack Taylor. "Looking at the long-term electoral vision, you don't want to have a vote that you won so closely that a lot of people are mad at you."

> **If he has a high-profile defeat this early in his tenure, things don't look good.**
> Zach Taylor, University of Toronto professor

With a few exceptions, councillors in Old Toronto favour removing the eastern portion of the Gardiner, while those in the inner suburbs want it maintained.

"This will play out as a city vs. suburb division," said Taylor, who wrote his thesis on the Gardiner in 2003. "Suburbanites are more likely to drive cars.... They're not going to be persuaded by arguments that the traffic will disappear or that unlocking land value is worth the congestion this might create."

Tory has said he's standing behind the Gardiner because he wasn't elected to create more congestion.

Should council defy the mayor and vote to tear down the Gardiner, Taylor said it would be a significant — and early — blow to Tory's authority.

"Barbara Hall, in the very first days of her mayoralty, lost an important vote on who would be budget chief. She spent an entire year crawling out from under that defeat."

No matter the outcome, Taylor said the Gardiner vote will come back to haunt the mayor.

Removing a chunk of the expressway will fan the flames of the so-called "war on the car," he said, while the extra $458 million necessary to maintain it will be an elephant in the room in any future budget conversation.

"He could be handing a hammer to his opponents to hit him with," Taylor said.

Q&A METRO COLUMNIST MATT ELLIOTT BREAKS DOWN THE BIG MUNICIPAL ISSUES IN REDDIT AMA

On how the Gardiner vote will go:
"I'd say the likely result is a narrow victory for the "hybrid" option. Maybe 24-20, like the Scarborough subway vote."

On making the public — and council — realize that good services cost money:
"I think the general public is actually more pro-tax — and definitely pro-service — than councillors believe. Councillors live in small worlds in a lot of ways. They hear from the angriest and loudest part of the population. So sometimes their perspective on what the public wants can get a bit skewed. Polls are showing more people would be OK with road tolls these days, for example, but politicians still act like tolls are Kryptonite."

On the timing of Mayor John Tory's flip-flop on police carding:
"Between the Scarborough subway, carding and the Gardiner, Tory was getting hammered last week, and not in a Rob Ford kind of way. He needed to reverse course on one of those issues. He chose carding. Not a bad political strategy."

On how Tory has managed his message on the Gardiner:
"From the moment he stepped out and made it clear he was supporting the hybrid the day before his public works committee was set to meet, I've found his handling of this pretty bad ... I hate the constant appeals to 'common sense.' The implication that comes with that is that those who disagree lack sense, I guess. Which seems insulting."
* Read the entire AMA on the r/Toronto subreddit or find the link at metronews.ca/Toronto. LUKE SIMCOE/METRO

MUNICIPAL POLITICS

Expert's view on flip-flop question

Mayor John Tory may have reversed course on police carding, but don't expect a similar flip-flop on the Gardiner Expressway, says one observer.

After months of supporting carding, Tory changed his tune Sunday, calling the controversial practice "toxic" and saying it had "eroded public trust" in the police service. Tory had been facing mounting criticism on the carding file from a multitude of voices and power players.

"I think he finally realized he had to throw in the towel on the carding issue," said York University professor and municipal affairs expert Dennis Pilon.

Pilon doesn't expect a similar change of heart on the Gardiner, especially after Tory doubled-down on his preferred hybrid option during a speech at the Empire Club on Monday.

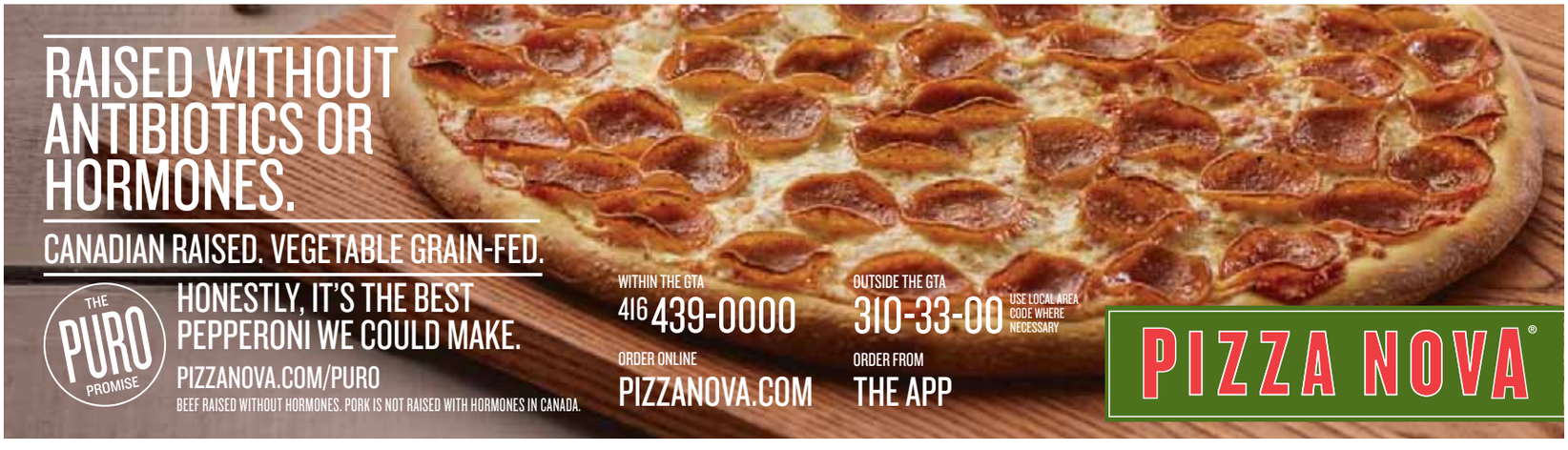
Pilon suspects Tory did the "political calculus" and decided changing course on carding was less risky than the Gardiner.

"The people who were for carding weren't for it enough, and the people who were against it were really against it," he said.

The Gardiner is a different story. "John Tory wants to get re-elected," Pilon said. "And if we tear down the Gardiner and it dramatically increases travel times for some car drivers, that could be a votable issue."

Rather than risk alienating drivers, Pilon said Tory would be wise to let any push to tear down the Gardiner come from council rather than the mayor's office.

"I think Tory's advisors are telling him to stay away from the Gardiner and let the pressure come from council," he said. "The more pressure emerges from council, the easier it is for the mayor to act." LUKE SIMCOE/METRO



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Thirty-degree heat several weeks away

WEATHER

Not a lot of heat in store for June, says meteorologist

Luke Simcoe
Metro | Toronto

The summer storms may have arrived, but warmer weather is still weeks away in Toronto.

According to Environment Canada meteorologist Peter Kimbell, temperatures in June are expected to remain fairly seasonal.

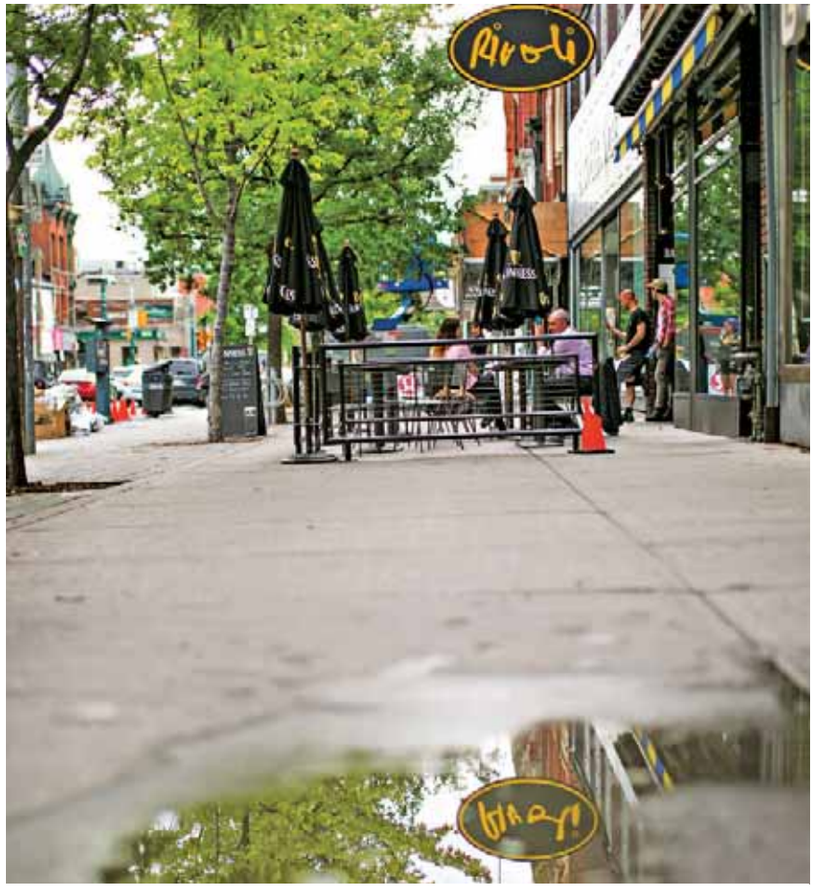
"We don't have a whole lot of heat in store," he said. "The forecast is a bit warmer than normal in the last half of June, but that's not going to satisfy those people looking for 30-degree heat."

Although the long winter has Torontonians spoiling for some hotter weather, Kimbell noted that there already have been a fair number of patio days this spring. In May alone, there were 12 days where the maximum temperature was above 25 C.

As the mercury slowly rises, we can expect more rainstorms, Kimbell said.

"Be patient. Summer will come."

Environment Canada meteorologist Peter Kimbell



Gloom and the nearly empty patios that come with it will be the name of the game for most of the week in Toronto, with storms and clouds dominating the forecast. LIZ BEDDALL/METRO

Cyclists mark a moment of silence Monday to remember Roger du Toit, who was fatally struck by an SUV while riding his bike in Rosedale. COURTESY CYCLE TORONTO

ROSEDALE

Memorial ride honours late cyclist

Jessica Smith Cross
Metro | Toronto

Dozens of cyclists rode through the torrential rain Monday morning to honour and remember Roger du Toit.

Du Toit, an architect and avid cyclist, was fatally struck by an SUV at the corner of Roxborough Street East and Wrentham Place in Rosedale on May 19. He died in hospital on May 31 at age 75.

About 50 of du Toit's friends, family members, colleagues and fellow cyclists gathered at Matt Cohen Park on Bloor Street Monday morning. They rode past du Toit's home and office to the intersection where he was struck.

Megan Torza, a partner at DTAH, the architecture firm du Toit founded, was one of his many colleagues to take part in the memorial ride. She said it was "a way of reminding us all of the work we need to do to make cycling safer in the city."

Du Toit shared that goal, she said.

"I think he would have been proud to see so many people out in the rain on his behalf," said Torza.

At Roxborough Street East and Wrentham Place, the group chained a white "ghost bike" to a utility pole, a tradition marking cyclist deaths carried on in Toronto and around the world since the 1990s.

Jared Kolb, director of the biking advocacy group Cycle Toronto, was among the riders.

"I think if there is one message here, it is continuing to improve on-street safety is paramount," he said. "Someone should not have to risk their life going out on a bicycle ride."

In 2013, there were more than 60 pedestrians and cyclists killed in Toronto; in 2014, there were more than 50, Kolb said.

Five months ago, the city approved a request to install all-way stop signs at the intersection where du Toit was killed because of a resident's safety concerns. However, the signs have not yet been installed by city staff.

City spokesman Steve Johnson said the signs will be installed soon.

G7 puts Harper on the spot

SUMMIT

Leaders agree to a no-carbon economy by the year 2100

Canada's energy sector will have to transform itself to lower greenhouse gas emissions in the long term, Prime Minister Stephen Harper said Monday.

He was commenting at the end of the G7 leaders' summit, which called on its members to put their energy sectors on a low-carbon footing by 2050, a move with serious implications for Canada's greenhouse-gas-emitting oilsands.

German Chancellor Angela Merkel fell short of her goal of pushing her fellow leaders to a broad, iron-clad commitment to a low-carbon economy by 2050. Instead, the G7 agreed to a full-blown no-carbon economy, but not until 2100.

"We commit to doing our part to achieve a low-carbon global economy in the long-term, including developing and deploying innovative technologies striving for a transformation of the energy sectors by 2050 and invite all countries to join us in this endeavour," the leaders said.

"To this end we also commit to develop long-term, national low-carbon strategies."

Asked what this means for Canada's energy sector, Harper said: "Nobody's going to start to shut down their industries or turn off the lights. We simply got to find a way to create lower-carbon emitting sources of energy."

Harper took part in the G7 leaders' shortened talks on climate change as the summit entered its second and final day.

"All leaders understand that to achieve these kinds of milestones over the decades to come will require serious technological transformation," Harper said.

The Canadian Press has been told by sources who saw the working draft of the G7's climate-change communique that Canada and Japan worked behind the scenes to water down the statement.

Harper's spokesman Stephen Lecce said that was "false," noting the G7 reached a consensus that Canada supported.

Merkel placed the fight against climate change at the heart of her sweeping agenda.

She wanted the G7 summit to give France momentum when it hosts the United Nations climate change conference this December, which aims to reach a breakthrough agreement in the fight to reduce greenhouse gas emissions.

Merkel had been pushing the G7 to endorse a pledge to reach zero carbon emissions, but Canada and Japan were holdouts.

"Canada and Japan are the most concerned about this one," said one source who was privy to discussions but would only speak on the condition of anonymity.

"The two of those countries have been the most difficult on every issue on climate. They don't want any types of targets in there, so I think they are trying to make it as vague as possible at this point."

THE CANADIAN PRESS

Prime Minister Stephen Harper gives his closing remarks at a news conference after the G7 Summit on Monday in Garmisch, Germany. ADRIAN WYLD/THE CANADIAN PRESS

Senators to repay expenses

A scathing report on the spending habits of Canadian senators suggests there's a strong sense of entitlement among members of the upper chamber, many of whom often ignore "economical" options that would save taxpayers money.

Auditor general Michael Ferguson makes the statement early in a highly anticipated report, coming Tuesday, that finds about $1 million in problematic spending after a two-year review of 80,000 transactions worth about $180 million.

On Monday, a trio of top senators said they would repay expenses flagged in the audit, even though they felt they had done nothing wrong. Senate Speaker Leo Housakos, his deputy Nicole Eaton, and Senate Liberal leader James Cowan all said they would give up the right to appeal Ferguson's findings.

Together, they accounted for about $20,000, including Cowan's $10,000 bill. Senate government leader Claude Carignan has also already repaid about $3,000 in questionable travel claims for one of his staff. THE CANADIAN PRESS

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$100,000 reward for escaped killers

NEW YORK STATE

Convicts used power tools to break out

Investigators are looking into whether civilian employees or private contractors helped two murderers obtain the power tools they used to break out of a maximum-security prison near the Canadian border, New York's governor said Monday.

Gov. Andrew Cuomo said during a round of appearances on television morning news shows that he would be shocked if a prison guard was involved in the escape from Clinton Correctional Facility in Dannemora.

Cuomo said the two killers may have crossed into Canada or left for another state or could even have headed toward Mexico.

Canada Border Services Agency on the weekend sent a "look out" on the escape to its officers and said Monday it continued to exercise its usual vigilance.

Officials said David Sweat, 34, and Richard Matt, 48, cut through steel walls at the back of their adjacent cells and sliced through steel pipes while making their "Shawshank Redemption"-style breakout, which guards discovered early Saturday. Sweat and Matt were still on the loose Monday.

Investigators are interviewing hundreds of civilian employees and the contractors who have been doing extensive renovations at the 170-year-old prison, Cuomo said.

"We're going through the civilian employees and private contractors first," he said on NBC's Today show. "I'd be shocked if a correction guard was involved in this, but they definitely had help. Otherwise, they couldn't have done this on their own."

A $100,000 reward was posted over the weekend for information leading to men's capture.

Sweat was serving a sentence of life without parole for the 2002 killing of a sheriff's deputy. Matt had been sentenced to 25 years to life for kidnapping, killing and dismembering his former boss in 1997. THE ASSOCIATED PRESS

Members of the New York State Department of Corrections and Community Supervision emergency response team search a wooded area in Dannemora, N.Y., on Monday for two prisoners who escaped from the Clinton Correctional Facility. MIKE GROLL/THE ASSOCIATED PRESS

TEXAS

Video shows officer pushing teen girl

A suburban Dallas police officer has been placed on leave after a video showed him pushing a 14-year-old girl in a bikini to the ground outside a pool and pointing his gun at other black teens.

McKinney Police Chief Greg Conley said at a news conference Sunday that the incident began when officers responded Friday to a report of a disturbance involving a group of young people at a neighbourhood pool. The police department has said they did not live in the area or have permission to be there.

When officers arrived, residents and private security pointed out the juveniles, who were "fighting and refusing to leave," Conley said.

As officers dispersed the crowd, the 14-year-old girl was "temporarily detained" by an officer, said Conley, who did not describe what led to her detainment.

The video showed the apparently white officer pulling the girl to the ground then appearing to use his knees to pin her face-down. He can also be seen pointing his gun at other teens and cursing.

McKinney Mayor Brian Loughmiller called for the city and police to investigate quickly. THE ASSOCIATED PRESS

IN BRIEF

Pistorius to be released from prison on good behaviour

Oscar Pistorius will be released from prison for good behaviour on Aug. 21 and go under house arrest after serving just 10 months for killing girlfriend Reeva Steenkamp, South Africa's department of corrections said Monday. Pistorius was acquitted of murder and found guilty of manslaughter last year. Prosecutors will again seek a murder conviction at the Supreme Court of Appeal in November, the court announced, also on Monday. THE ASSOCIATED PRESS

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Trend Report: Insurance Savings Are In This Season

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Spring is the perfect time to swap out out-dated car insurance premiums with fresh rates.

Triple Crown champ racing to snag deals

MARKETING

Owners look to cash in while interest is still high

American Pharoah's owners and thoroughbred racing now have a new race to run: a race to capitalize on the horse's Triple Crown victory before the excitement fades away.

As the first winner of the sport's Triple Crown in 37 years, American Pharoah has a wealth of marketing opportunities that could never have been imagined by owners of the last winner, Affirmed, in 1978. At the same time, horse racing has declined into a niche pastime that is facing an aging demographic, a shrinking number of race tracks and competition from new ways of betting.

American Pharoah's owner, Ahmed Zayat, has already struck sponsorship deals with Monster energy drinks and a private-airplane membership company called Wheels Up.

As the winner of a crown that went unclaimed for so long that it seemed it would never be won again, American Pharoah will without question sell more merchandise and attract more sponsorship deals than any horse in recent memory. THE ASSOCIATED PRESS

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American Pharoah, the first horse to win the Triple Crown in 37 years, is in a race to capitalize on its win. THE ASSOCIATED PRESS

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metro VIEWS
Your essential daily news
Tuesday, June 9, 2015

the big number

2°C

is the target the G7 set Monday for the maximum increase in global temperatures above pre-industrial levels. Despite resistance from Japan and Canada, the coalition of rich nations will enter December's United Nations climate conference as a united front. Temperatures have already risen 0.85 C since 1880, causing rising seas and aggravating natural disasters. If current trends continue, in 17 years we will blow our carbon budget and make a 2 C increase inevitable. The UN warns a spike higher than 2 C would be disastrous, and 4 C apocalyptic. REUTERS

Getting traffic moving takes carrot and stick

CRUNCH TIME FOR GARDINER

Glyn Bowerman

You know, there is a solution to congestion.

Like all the best medicine, it's hard to swallow. But if you've got three minutes, I'll let you in on the secret: Stop driving.

Sounds heretical, but it's "common sense" — the thing Mayor John Tory seems to value above all else — that the main cause of congestion, for cars, is cars.

Nearly 70 per cent of Toronto commuters drive, mostly by themselves, according to the 2011 National Household Survey. Unless a lot of people stop driving, congestion will remain an issue for all of us.

Look, I get why it's hard to give up. But for all they complain, drivers have it pretty good in Canadian cities. No really, they do. They also have shorter average commute times than people who take transit, sometimes by nearly half.

And a driver's time, I've learned from following the Gardiner East dispute, is the most valuable kind of time.

Just three minutes of it — the average estimated travel time increase if we removed the elevated expressway — is worth just shy of $500 million, according to Tory and his council allies. That cool half billion is the price of the so-called "hybrid" plan to maintain the Gardiner east of Jarvis Street.

Add to that another estimated $137 million in lost land value removing the Gardiner East would yield. Add to that the external costs, hard to measure but practically invaluable, in natural and social capital lost by adding to pollution and cutting off our access to the waterfront.

That's the value of three minutes of time for the three per cent of downtown commuters who use the East Gardiner. They have to get home to see their babies. People who take transit, presumably, don't love their babies.

Tory says he was not elected to make congestion worse. Thing is, it has to get worse to get better. A little tough love is necessary to really solve congestion.

That means a little bit of a carrot: Making alternatives like public transit, biking and walking safer, more attractive options.

And it means a little bit of stick: Like forcing those who don't absolutely need to drive to leave their car at home, instead of catering to the three minutes of the three per cent.

Your car goes unused 96 per cent of the time. Do you really need it the remaining four per cent of the time? Really?

Besides, driving is going out of style. Millennials have less interest in owning a vehicle. That's important to remember because the Gardiner decision will last generations.

And won't we all feel stupid if we make this grand sacrifice to the Gods of Congestion and keep the East Gardiner, only to watch it become less and less useful over the course of time?

Tory says he was not elected to make congestion worse. Trouble is, it has to get worse before it gets better.

Glyn Bowerman is a Toronto-based journalist, theatre artist, and regular contributor to Spacing Magazine. Follow him @Banquos_Banquet

ROSEMARY WESTWOOD

metroview

"Touch trumps text. But that doesn't mean text is trivial."

I fell in love, in part, over Skype. Don't worry, it's more icky for me to write than for you to read.

(This column was not paid for by Skype.)

For months, C. — an American living in New Orleans — and I had been talking mostly through letters (yes, the old-fashioned kind) and a few texts, after a chance meeting while on vacation. When we finally decided to Skype, it felt big. Like first-date big.

I remember self-consciously cleaning my apartment as if he were actually coming over.

And when I saw him, I was overwhelmed. From looking (or so it felt) into his eyes and hearing his voice, something in me became convinced (sappy, I know). An hour later I booked a two-week visit to New Orleans.

That's why, one day over Skype a few months back, I suggested to him, only half-joking, that we have two anniversaries: "The first is when we met. The second is when we first Skyped."

C. has a habit of rolling his eyes. He works with kindergartners, and claims he picked it up from them: the slow, exaggerated pupils-hanging-in-the-rafters kind of eye-rolling.

"No," he said. "Nope."

I get it. "Happy First Skype Anniversary!" is an exceptionally bad Hallmark card.

But in the modern long-distance relationship, beggars for romance can't be choosers. If a special moment happens to take place through computer-mediated communication, to use the academic phrase, does that make it any less of a special moment?

I don't think it does.

In fact, researchers looking into long-distance dating relationships have shown that couples tend to communicate better — and even feel more intimately connected — when they're apart, thanks to technology.

When all you have is conversation, you end up learning a lot, and sharing a lot. When you can't kiss the person you love, imagine what you might say to them instead.

The digitally enabled feelings are also real. In that first Skype call with C., though we weren't in same room, I could still feel the pull of him. The attraction was as visceral as our first drink at a bar. (No one says swooned, anymore, right?)

I will never argue that seeing C. on a video screen is enough. We're doing long-distance out of necessity, so we can eventually be together and really share a life.

In the end, touch trumps text. But that doesn't mean a text is always trivial. And if there's such a thing as love at second sight, it happened to me, no joke, on Skype.

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PHILOSOPHER CAT
by Jason Logan

Apple Music app connects it all

LATEST FROM APPLE

Many elements come together for a new way to listen

Apple VP Eddy Cue, left, high fives with Drake at the launch. Top: Apple Music on iPhone 6. MAIN PHOTO: GETTY IMAGES; TOP PHOTO: APPLE

Apple announced Monday that its new music app will cost $10 a month for one person or $15 a month for a family of up to six people.

Eddy Cue, Apple's senior vice-president of Internet software and services, said the first three months of Apple Music will be free.

Cue said Apple Music will launch in more than 100 countries at the end of the month with a software update. It is also coming to Android devices in the fall.

He showed off some features, including the app's integration with Siri, Apple's voice-activated assistant at Apple's Worldwide Developers Conference in San Francisco Monday.

Siri took requests like "Play the song from Selma," "Play the top song from May 1982," and "Play the Top 10 songs in alternative."

Jimmy Iovine, co-founder of Beats Electronics, introduced Apple Music, an app that combines a 24-hour, seven-day live radio station called Beats 1 with an on-demand music streaming service.

Beats 1, led by former BBC host Zane Lowe, will be broadcast live out of Los Angeles, New York and London.

The app will also give artists a forum called Connect to allow them to interact with fans by releasing demos, playlists, sound bites, videos and songs.

Drake was on hand at the conference to help introduce the program. The Toronto rapper also said he would release his new album through Connect

"Instead of having to post your stuff on these different and sometimes confusing places, it's all in one place: Connect," said Drake.

Iovine said the app brings together elements of the music world that are confusing and currently spread across many apps.

The back story

Apple's iTunes helped change the way music lovers bought their favourite songs, replacing plastic discs with digital downloads. Now the maker of iPods and iPhones wants to carve out a leading role in a revolution well under way.

With millions of listeners already tuning in to streaming outlets like Pandora and Spotify, analysts and music-industry sources say Apple Music is aimed at winning back some of those customers and nudging longtime iTunes users into a new mode of listening.

Analysts say the company needs to build a robust streaming business if it wants to maintain its central role in the popular-music ecosystem.

Most recordings today are still sold through digital stores like iTunes, which opened in 2003. But those sales have declined, while streaming services are rapidly gaining subscribers and revenue.

"Streaming media is increasingly important to the computer-using experience, so it's important for Apple to have a role there," said Creative Strategies analyst Ben Bajarin.

THE ASSOCIATED PRESS

PAY TO LISTEN

Putting a price on music streaming in Canada

How much are Canadians willing to pay to stream music?

Nielsen Entertainment polled consumers on how much they'd be willing to spend monthly for unlimited streaming of songs and albums without advertising.

The respondents, on average, said they would be willing to devote $6.20 per month or up to $7.80 for high-quality audio.

Those numbers lie in the middle of the range of options offered by streaming services in Canada.

Streaming volume is up 94 per cent since Nielsen began tracking streaming In Canada in July 2014.

THE CANADIAN PRESS

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Jamie xx succeeds with solo album

INTERVIEW

Jamie xx on his solo debut and befriending Caribou

On his incandescent solo debut, In Colour, Jamie xx faced an opportunity to wrest the spotlight for himself. Instead, he chose to invite his xx bandmates to bask in the record's biggest moments.

Romy Madley Croft contributes her haunting vocals to the wistful SeeSaw and the cathartic Loud Places, while Oliver Sim's icy croon elicits the album's most resounding echo of the xx on Stranger in a Room.

"They're the easiest people for me to work with and the best, because I know them so well," said Jamie xx (née Smith) during a recent interview in Toronto.

"They're the reason I'm able to make this record in the first place. It wouldn't make sense without them."

Upon interacting with the Brit producer, it becomes clear he's likely the type to peel from the spotlight. But with In Colour garnering rave reviews, he'll have to endure the attention.

The record finds a great balance between conflicting feelings.

I enjoy sad music, but then as soon as I'm making music that I'm happy with, I feel the happiest I've ever been.

So I think what comes out is a juxtaposition of melancholy and joy.

Jamie xx goes solo with In Colour (inset). MICHAELANGELO MATOS

You collaborated with Caribou (Dan Snaith from Dundas, Ont.) on a long mix. How familiar are you with him?

I've known him a long time now. I used to go listen to him play at (London club) Plastic People, and I'd be waiting for him to finish to go and chat about records.

I'm a fan of his music, definitely. I listened to him back when he was Manitoba, in the early days of me making music.

Is there pressure on you to wrap up the new xx album?

There's not really pressure, except from ourselves to have some sort of deadline so that we don't just endlessly make music. THE CANADIAN PRESS

IN BRIEF

Garbage announces 20th anniversary tour

Alt-rock band Garbage is celebrating the 20th anniversary of its debut, self-titled album with a tour called 20 Years Queer.

The band will perform the 1996 LP in full, front to back, on dates throughout North America and Europe this fall.

They'll start Oct. 6 in San Diego, hitting cities in the U.S. and Canada before kicking off the European leg in Cologne on Oct. 31, wrapping up in the U.K. in mid-November.

Dates and ticketing info is available via garbage.com. AFP

REALITY TV

Master P gets real in Family Empire

Hip-hop mogul Master P said his new show brings something that's missing from reality TV: positivity. The rapper invited cameras to follow his life with five of his children, ages 10 to 25, for Master P's Family Empire.

"We're about to make it cool to watch good, positive, family TV," said Master P. "The Kardashians are entertaining, but what we're doing is positive entertainment, which is supposed to not be cool. With my family, we're going to make it cool."

The show, set to launch in November on Reelz, will follow the single dad as he navigates raising his youngest children while his oldest carve out entertainment careers.

"Whatever the stereotype of what a hip-hop family looks like, we'll show them what it do look like," said Master P. THE ASSOCIATED PRESS

Master P and son Romeo, 25. DOUGLAS JONES/REELZCHANNEL VIA AP

More bang for your buck

THEN AND NOW

Getting down to the business of today's music festivals

SOUND CHECK

Alan Cross

On Friday, March 21, 1952, 20,000 kids piled into the Cleveland Arena at the behest of DJ Alan Freed to see almost a dozen acts perform the songs heard on his WJW-AM radio show. Although this has been called the first-ever rock 'n' roll concert, the sheer number of performers also allows us to call this the first rock festival.

None of the acts that night — Paul Williams, Tony Grimes and The Dominoes among them — could possibly draw that many people on their own. But when bundled together on a single bill, the appeal intensified exponentially. It was also cost-effective. Shared resources kept overhead low and margins fat.

Festivals soon went on the road. Buddy Holly was part of the Winter Dance Party with the Big Bopper, Richie Valens, Frankie Sardo, and Dion and the Belmonts when his plane went down in that Iowa cornfield. Dick Clark's Caravan of Stars took artists from Chuck Berry to the Yardbirds to the people between 1959 and 1967.

The stationary rock festival really began with Monterey in 1967, attracting an unprecedented 90,000 people. But then messy Woodstock and the disastrous Altamont followed in 1969, killing much of the appetite for festivals for the next couple of decades. (Europe was a different story; there's a long tradition of people standing in a muddy field for a weekend of music.)

Old-school travelling festivals made a comeback with Lollapalooza in 1991. Added together, a pack of fringe-y alternative acts proved once again you could attract tens of thousands of fans with a package tour. Its success spawned a number of travelling shows including Warped, Edgefest, Summersault and Another Roadside Attraction.

Today, festivals are an important part of the summer touring strategy. But instead of a bunch of artists touring together in a self-contained way, individual artists make the rounds of festivals. Things start with SXSW in March and continue through Coachella, CMW, Sasquatch, Governors Ball, NXNE, Bonaroo, Sled Island, WayHome, Firefly, Pemberton, Lollapalooza and Rifflandia plus three Edgefests and three Riot Fests. (There's a lot more, but you get the idea.)

Kendrick Lamar, left, and Dan Auerbach of the Black Keys GETTY IMAGES

A tour that hits festivals makes great financial sense — and for a great collective cultural experience. Acts of all sizes get to play in front of massive numbers of people. Fans get to enjoy dozens of acts in one place for one price. And while logistically challenging, it makes great sense for promoters, agents, managers and record labels.

SEE 'EM PLAY

Some of the big headliners at upcoming Canadian music festivals:

- Kendrick Lamar, The Black Keys @ Pemberton Music Festival in B.C.
- Kanye West, The Tragically Hip @ Ottawa Bluesfest
- Sam Smith @ WayHome in Oro Medonte, Ont.
- Alexisonfire, Wu-Tang Clan @ Riot Fest in Toronto
- Purity Ring, Alvvays @ Halifax Pop Explosion

METRO

BASED ON BOOK

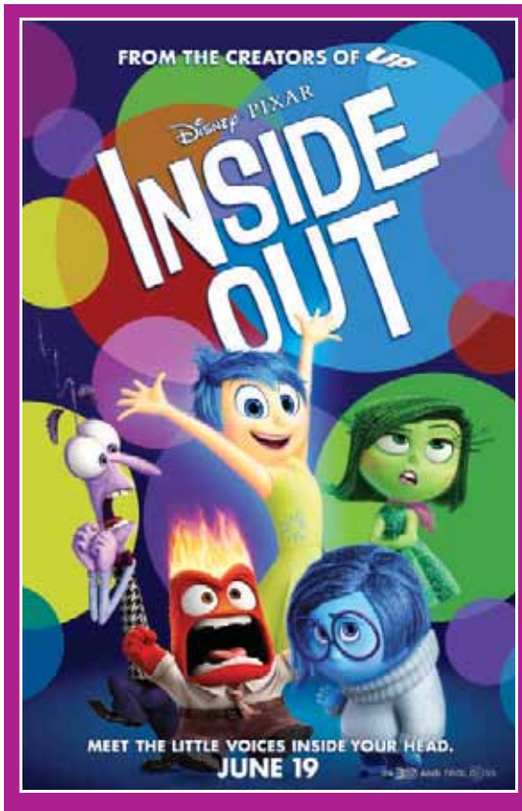
Netflix acquires Brad Pitt war satire

Netflix has acquired the satirical comedy War Machine, with Brad Pitt set to star as Gen. Stanley McChrystal, adding a major dose of star power to the streaming service's growing stable of original films.

Brad Pitt THE ASSOCIATED PRESS FILE

Netflix, which announced the acquisition Monday, will produce the film, to be directed by Australian filmmaker David Michod (Animal Kingdom, The Rover). Shooting is set to begin in August, with the movie scheduled for release on Netflix sometime next year.

War Machine is based on Michael Hastings' book The Operators: The Wild and Terrifying Inside Story of America's War in Afghanistan. Hastings penned the infamous 2010 Rolling Stone profile of McChrystal that led to his resignation. THE ASSOCIATED PRESS



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No purchase necessary. Value of each grand prizes is $200. There are 20 secondary prizes to be won in each of Toronto (screening date: June 15), Ottawa, Winnipeg, Calgary, Edmonton and Vancouver (screening dates: June 17), each with a value $50. Contest opens at 6:00 am ET on June 4 and closes at 9:00 am ET, June 10, 2015. Odds of winning depend on total number of eligible entries received. Skill-testing question required. Complete contest rules available at www.clubmetro.com

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URBAN ETIQUETTE **ELLEN VANSTONE**

The question What's the proper way to end a text conversation?

Dear Ellen,
What's the proper etiquette for ending a text conversation? I have one friend who texts a lot, and I want to be polite and always text back, but the conversation never seems to end, she just keeps texting, and if I don't respond she sends 10 more texts to ask if I'm okay, or if I'm mad or whatever, and then I have to respond, but when I …
— Lindy

Dear Lindy,
Sorry I had to cut off your question there, and sorry if it hurt your feelings but I'm doing it for my own good. And you will survive. See what I just did?

I saw that you were going to waste my time with excessive communication in your needy state, and I took control. I wasn't rude about it. I didn't just ignore you and leave you hanging. I didn't offer transparent lies about my phone falling into the toilet. Or that someone was at the door. Or that I was running late for whatever. I explained my actions, and respectfully ended the conversation.

And both of us will be better off for it — me because my time will be put to better use helping you instead of indulging your needy behaviour; and you, because you will be helped by learning that it's OK to end a conversation.

We all have friends who over-text. Some of us, in our day, have been over-texters ourselves, madly sending messages and witty emoticons late into the night when we've been lonely or bored, overly refreshed, or simply overtired.

The over-texter is like a rat in a lab experiment, compulsively pressing that damn lever (or send button) to get a food pellet (or reply) for a momentary jolt of pleasure and affirmation (I exist! I exist!).

But here's the problem. When the food pellets (or replies) arrive intermittently, the compulsive behaviour is reinforced even more strongly! This kind of random reinforcement has been clearly demonstrated in studies of both flying rats (pigeons) and slot-machine gamblers (humans).

This is why it's important to be firm and crystal clear when you end a text conversation. You don't want your rat-brained friend to go haywire at the food-pellet lever, and you don't want them to suffer when they don't get a reply.

Don't worry. They'll survive. Or maybe they'll find a new victim. Either way, you're off the merry-go-round of their addictive texting, and you can rest assured you have behaved correctly.

Need advice? Email Ellen at scene@metronews.ca

WORK STRESS

New job dangerous for waistline, study finds

Job stress is often blamed for weight gain, but perhaps previous studies have been wrong. A new study published in the June 4 issue of the International Journal of Obesity showed no link between job stress and weight gain or obesity.

The one group that did gain weight was made up of men and women who went from a relatively stress-free work situation into one where they experienced more anxiety.

This suggests that a change in job stress levels might be more important to weight gain than a consistent level of stress.

Thus, a new job with an increase in workload and pressure would be more dangerous for the waistline than daily work-related stress. AFP

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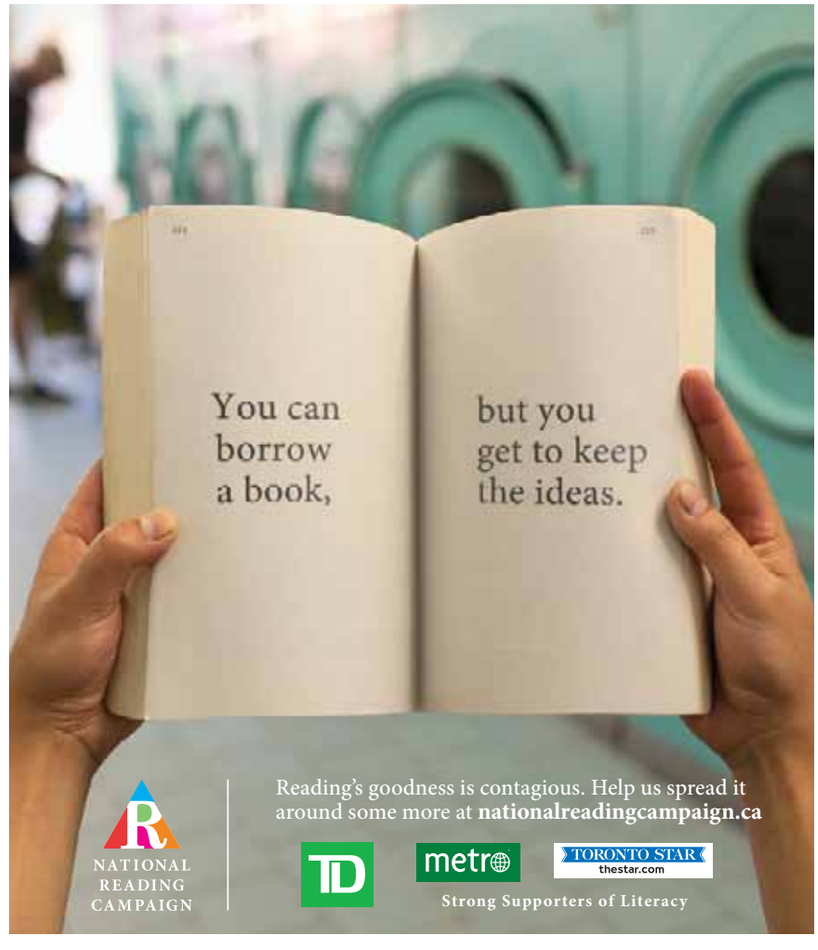

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Luke Skywalker (Mark Hamill), Princess Leia (Carrie Fisher) and Han Solo (Harrison Ford) in Star Wars: Episode IV A New Hope. HANDOUT

Star Wars script uncovered

FOURTH DRAFT

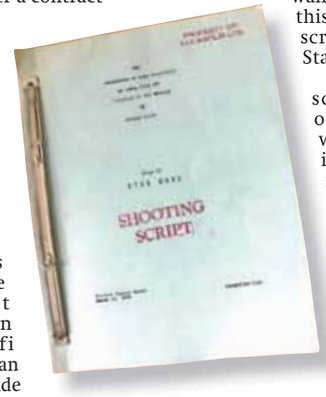
A long time ago in a library far, far away from Hollywood ...

A librarian at the University of New Brunswick has made a discovery that's out of this world.

Deep in the archives of the school in Saint John, what appears to be a shooting script from the original Star Wars movie was recently found.

The "fourth draft" shooting script is dated March 15, 1976, about a year before the movie was released, and contains a red stamp that reads "Property of Lucasfilm Ltd."

David Ross, a university librarian, says a librarian who hired under a contract to digitize parts of the university's science fiction collection made the discovery about a week ago.



Ross says the contract librarian and sci-fi buff, Kristian Brown, made notes about the differences between the script and the movie, including that Luke Skywalker's name in this draft of the script is "Luke Starkiller."

He says the school's records show it was acquired in 1990, but it was somehow forgotten over the years.

Ross says the script will be placed in an enclosure and put on display in the main library. THE CANADIAN PRESS

BAD MANNERS

Moss forgot to check her manners

IN HOLLYWOOD
Ned Ehrbar

Kate Moss is showing no signs of mellowing, that's for sure.

Moss was escorted off an EasyJet flight from Turkey to London recently for becoming unruly and disruptive after being denied a cocktail by the crew.

"She called the pilot a 'basic bitch' as police led her off the plane," a source told the Daily Mail.

"She was a little drunk and had a disagreement with another passenger on the flight as she was refused alcohol and went to serve her own vodka from her cabin luggage."

Ever resourceful, that one.

Most shocking, though, is that she was flying EasyJet, which is basically Europe's version of Southwest.

Oh, how the mighty models have fallen.

COMEDY

Tyranny of PC too much for Seinfeld

What is the deal with Jerry Seinfeld not playing college campuses during his standup comedy tours anymore?

Well, the deal, as it so happens, is that the politically correct culture has become too rampant for him to have any fun, so he's taking his observational humour ball and going home.

"They just want to use these words," Seinfeld told ESPN.

"That's racist, that's sexist, that's prejudice.' They don't even know what they're talking about," said the comedian.

And obviously the best way to make sure that these folks — full-time students, mind you — actually learn anything about what you think they've got wrong is to just avoid them all together. Naturally. NED EHRBAR

GOSSIP BRIEFS

Lohan drinks to freedom

Lindsay Lohan has finally completed her eight years of probation and she's already been spotted celebrating the milestone with a glass of red wine in Venice, Italy.

If you're concerned about the Mean Girls star's notorious relationship with alcohol, don't be. Dina Lohan assured Radar Online that Lindsay is super, thanks for asking.

"She's happier than ever," said Dina, adding that yet another attempted comeback could be right around the corner as Lindsay is "getting movie offers left and right." Why would her own mother exaggerate? NED EHRBAR

Lourdes disses Kylie

Lourdes Leon appears to have inherited a good deal from mom Madonna. The 18-year-old apparently has both impeccable taste and no time for mincing words.

Word is that Kylie Jenner reached out to Leon, but Leon was all, whatever. "Lourdes was horrified. She thinks Kylie and her sisters are vile," said a source, according to Star magazine. "She couldn't believe Kylie thought she'd be receptive to a party invite and has completely ignored her." NED EHRBAR

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THE GOOD FRIGHT

Canadians are facing their fears to raise funds for the Canadian Cancer Society's Fearless Challenge

Scan to see Ian Cooper Cole of Toronto face his fears.

We all love to watch someone triumph over their fears. That's why we line up to ride roller coasters or tune in to watch talk show host Ellen DeGeneres routinely prank her guests about their phobias.

From spooky spiders to singing in public, we all face things that make us feel uncomfortable. And every year, almost two hundred thousand Canadians will have to face a fearful uncertainty: a cancer diagnosis. The Fearless Challenge, a unique fundraiser launched last year by the Canadian Cancer Society, asks "What if we could take the fear out of cancer by facing our own fears?"

The Fearless Challenge invites Canadians to confront their fears — and help those living with cancer do the same. All you have to do is decide what makes you squeamish or scared and how you want to face it.

PYTHON PARTY

Ian Cooper Cole of Toronto has had a lifelong aversion to snakes. "As a grown man, I realized it was kind of ridiculous," Cole says. Last year, he pledged to touch a python if he could raise $400 for the Fearless Challenge. At the end of his campaign, he'd raised $600 and made a YouTube video of himself getting up close and personal with a variety of serpents, including a Burmese python named Rambo.

"The Fearless Challenge is a fun and empowering way for people to overcome their fears," says Mike Kirkpatrick, director of marketing at the Canadian Cancer Society. "No fear is too big, too small or too squeamish when it comes to supporting the cause."

Last year, Katie Musgrave vowed to face her fear of teenage-style embarrassment by revealing the name of her secret high-school crush on Facebook. In the end, Musgrave says, the experience was "kind of liberating." She raised nearly $600 and is already planning her 2015 challenge.

SCARING IS CARING

Everyone's fears are different, so Fearless Challenge participants can customize their pledge by confronting their fears creatively. A visit to the Fearless Challenge website (fearlesschallenge.com) shows Canadians from all walks of life confronting a wide variety of fears, from guys who'll shave their beards even though they're scared of what they'll look like underneath to folks who'll face their food aversions.

Farah Ismail is not a fan of spicy food in general, so for her challenge she promised to eat the hottest thing she could think of — a ghost pepper — for $750. By sharing her challenge, she found a community of cheerleaders from her social network and, with the help of a jug of chocolate milk to wash it down, she met her personal goal.

For donors, the fun is being able to follow each participant's journey on their Fearless Challenge website or through social media. It's the emphasis on sharing stories that makes the campaign so emotional and inspiring.

The initiative operates a bit like a crowd-sourcing project, such as Kickstarter or IndieGogo. It's designed to reward action rather than passive giving.

Ismail's network not only provided the emotional support she needed to carry out her pledge, it also helped her surpass her fundraising goal — raising over $1,900.

In the age of selfies, taking the Fearless Challenge makes it fun to perform a selfless act such as raising money for cancer research, support services for patients and their families and other important work. Just pick your fear, visit the site and start your campaign. You may be surprised at how many people will help you face your fear.

CHALLENGE YOUR FEARS

As Winston Churchill once said, "We have nothing to fear but fear itself." We all have things that make us uncomfortable: from heights to clowns to butterflies. One of the best ways to overcome these trepidations is with the support of friends and family. Use the hashtag **#FEARLESSCHALLENGE** on Twitter, Facebook and Pinterest to share your stories about what makes you feel uneasy. You'll soon find that you're not alone!

#FEARLESSCHALLENGE

@ccprmaven Yeah I did. Completed the @cancersociety's #FearlessChallenge doing #EdgeWalk to confront my fear of heights!

@EditorWelton Public pledge to face phobias in #FearlessChallenge for @cancersociety: bit.ly/Xpd8Ce

@wildmagnolia13 My name is there! RT @RachaelAncheril: To you amazing ppl who supported me in #fearlesschallenge for @cancersociety.

Scan to see Sarah & Gina's Fearless video.

MAKING A SPLASH

How two Ottawa women used the buddy system to get out of their comfort zone

On January 1, 2015, lifelong friends Gina Jungk and Sarah Vandenbelt found themselves shivering on a platform in the middle of the Tay River in Perth, Ontario. They had decided to start the New Year by taking a giant leap outside of their comfort zone and into the icy water as part of the Canadian Cancer Society's Fearless Challenge.

The Ottawa-area women had participated in traditional charitable fundraising in the past. But, as they wrote on their Fearless Challenge website, they were attracted to the Fearless Challenge because it let them do something a little on the crazy side for their donor's amusement.

Confronting fear is nothing new for Jungk. "I've done some exciting things in my life, like skydiving, bungee jumping and swimming with sharks," she says. "Sarah and I decided to choose a challenge that we simply thought was unappealing. Who wants to jump in freezing cold water on New Year's Day?"

"Gina was the one to introduce me to the Challenge," says Vandenbelt. "With her mom's recent diagnosis of advanced lung cancer and my mother passing away from liver cancer when I was 17, we decided that we wanted to do something active."

After her mother's diagnosis, Jungk began to think about fear and fundraising in a different way. "When people who have previously gone through this tell you it's a rollercoaster ride in the worst way possible, they aren't exaggerating," she says. "With all the downs, there are ups and you definitely learn some valuable and positive lessons. The biggest lesson of all though is to never sweat the small stuff.

"The idea of us doing something fun and positive was a way to help take control."

The duo also realized that taking part in Perth's annual Polar Bear Plunge would be something that people would pay good money to see. "We were right," says Jungk, "because our original goal was $2,000 and we raised a little over $3,000."

She says jumping in the freezing water was fun for those who watched but not for those who had to jump. "As much as we are both active people, jumping into an icy river is something we would never have volunteered for," says Vandenbelt. "It's a huge shock to the system, but if you just keep swimming and moving, you can get out and recover from the awful bitter cold."

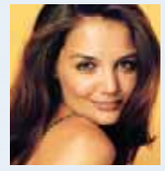
For those who want to take the plunge and sign up to face their own fears, Jungk suggests going in with a friend. "Sarah is my best friend and has been one of the biggest supports I've had, especially over the last two years," she says. Through fearlesschallenge.com, people can register as a team or as individuals.

"Make it as fun as possible," Vandenbelt adds. "Do something your friends and family would want to be a part of. Make it as shocking as you can handle, whatever extreme that may be."

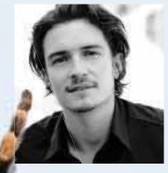
With the support of each other and their social network, says Vandenbelt, the pair now have "a story we will be sure to tell for the rest of our lives.

"People with cancer have no choice but to deal with their fear each and every day," she says. "So why not face yours to help put an end to cancer?"

Famous Phobias



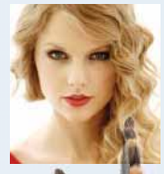
Katie Holmes
The actress and model is seriously creeped out by raccoons.



Orlando Bloom
This English actor has a phobia of pigs.

Channing Tatum
This Hollywood hunk's top phobia is porcelain dolls.

Oprah Winfrey
This media mogul's fear? Chewing gum!



Taylor Swift
This pop queen is most scared of being framed for a crime.

FEARLESS CHALLENGE

To see the video, scan the Fearless Challenge Logo with your Metro App.

BE FEARLESS & HELP THOSE WITH CANCER DO THE SAME
FEARLESSCHALLENGE.COM

Canadian Cancer Society

LEARNING CURVE

Adding to your resumé

Navigating the world of summer internships can be tricky. There is a lot to think about when deciding whether to take on an internship during your summer break, but the main consideration for many post-secondary students is finances, says Tracey Lloyd, director of career and counselling services at Centennial College.

"Only those who are financially able tend to participate in unpaid internship opportunities during the summer," Lloyd says. "The summer months are critical earning periods for most students."

With a preference toward paid opportunities, Lloyd says that in some creative sector programs, journalism for example, unpaid internships are common and can offer valuable learning experiences. But she warns that unpaid opportunities should be carefully researched.

"Students can be taken advantage of, young people in particular," she says. "Look at the company's track record and examine whether it is a reputable company. Do they have a formal internship program with a formal training program and supervision provided for interns? Also, explore how meaningful and relevant the job duties are to your future career goals."

SHUTTERSTOCK

It's also important to keep in mind that unpaid internships are usually full time, Lloyd says, making it difficult to balance an internship with paid part-time work.

Once you have decided that an unpaid internship will be viable, you will have to put in some legwork. Finding an internship will involve reaching out to your network, speaking to teachers and other faculty members who may have connections in the industry in which you want to intern, and approaching companies that are of interest to you, especially those you may want to work for after graduation.

"Similar to when looking for a paid job, tell everyone you know," Lloyd says. "You never know who will provide a good lead for you."

Lastly, Lloyd suggests approaching the internship as if it was a paid opportunity.

"This is a chance to prove yourself, expand your network and make a great impression on the employer. Always do your best, work hard and don't burn any bridges."

– Izabela Szydlo

NETWORKING

Networking is an essential component of any internship. Here are some tips for networking like a pro from Tracey Lloyd, director of career and counselling services at Centennial College.

- Prepare a clear, concise pitch to open the doors with a prospective employer or industry contacts.
- Attend trade shows and professional association networking events in your field.
- Be very clear about what you want and what you have to offer.

CONTRIBUTED

REDEFINING HEALTH-CARE TRAINING

"CDI College changed my life," says medical office administrator graduate Brandie Mol. "It gave me the opportunity to get a job in a hospital, which was my goal."

For more than 40 years, CDI College's health-care programs have consistently delivered high-calibre training to its students, preparing them for a fast-paced work environment in various health-care settings such as clinics, hospitals, and other public and private facilities.

Many students enrolled in programs such as the medical office administrator program begin without prior work experience in the field. In such a fast-paced environment that demands a strong working knowledge of medical terminology, skills, and accuracy, on-the-job training is not always available, which is why many of CDI College's programs include practicum placements so students can gain hands-on experience prior to graduation.

"The practical training at CDI College, and especially the practicum, is so important because you are actually getting experience," Mol says. "It's also something that you can add to your resumé that's actually hands-on."

To find out more about CDI College's medical office administrator program or other health-care programs, call 1-877-658-4045 or visit to.cdicollege.ca.

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Furthermore, keeping pace with the customer service workplace requires a solid foundation in web technologies like cloud computing, social media, and working with a mobile workforce.

Through the new customer service management program being launched this fall at Centennial College, students will develop a broad range of skills, including customer relationship management, communications for leaders, marketing, accounting, project management, and Centennial College's celebrated global citizenship and equity skills, preparing them for exciting opportunities working with today's diverse workforce.

"The program was designed to meet a dire demand for effective front-line managers who want or need to enter the workforce quickly," says Terry Pruner, professor and program co-ordinator, Centennial College, school of business. "Students will obtain the building blocks needed to develop a career in customer service and obtain worldwide recognition as a customer service professional."

Centennial College decided to begin offering this program because there was a high demand from industry for trained front-line managers in customer service and sales.

"Mostly driven by technologies, like CRM and social media for example, these workplaces are far more complex than they used to be and require a unique set of technical and leadership skills," Pruner says.

During the two-year program, students learn in Centennial's new lab, where they develop skills that have been identified through extensive discussion with industry.

Students work with professors who are industry experts and provide guidance in leading technologies and networking opportunities.

"Our connections with industry provide opportunities for students to get into the workplace quickly upon graduation," Pruner says.

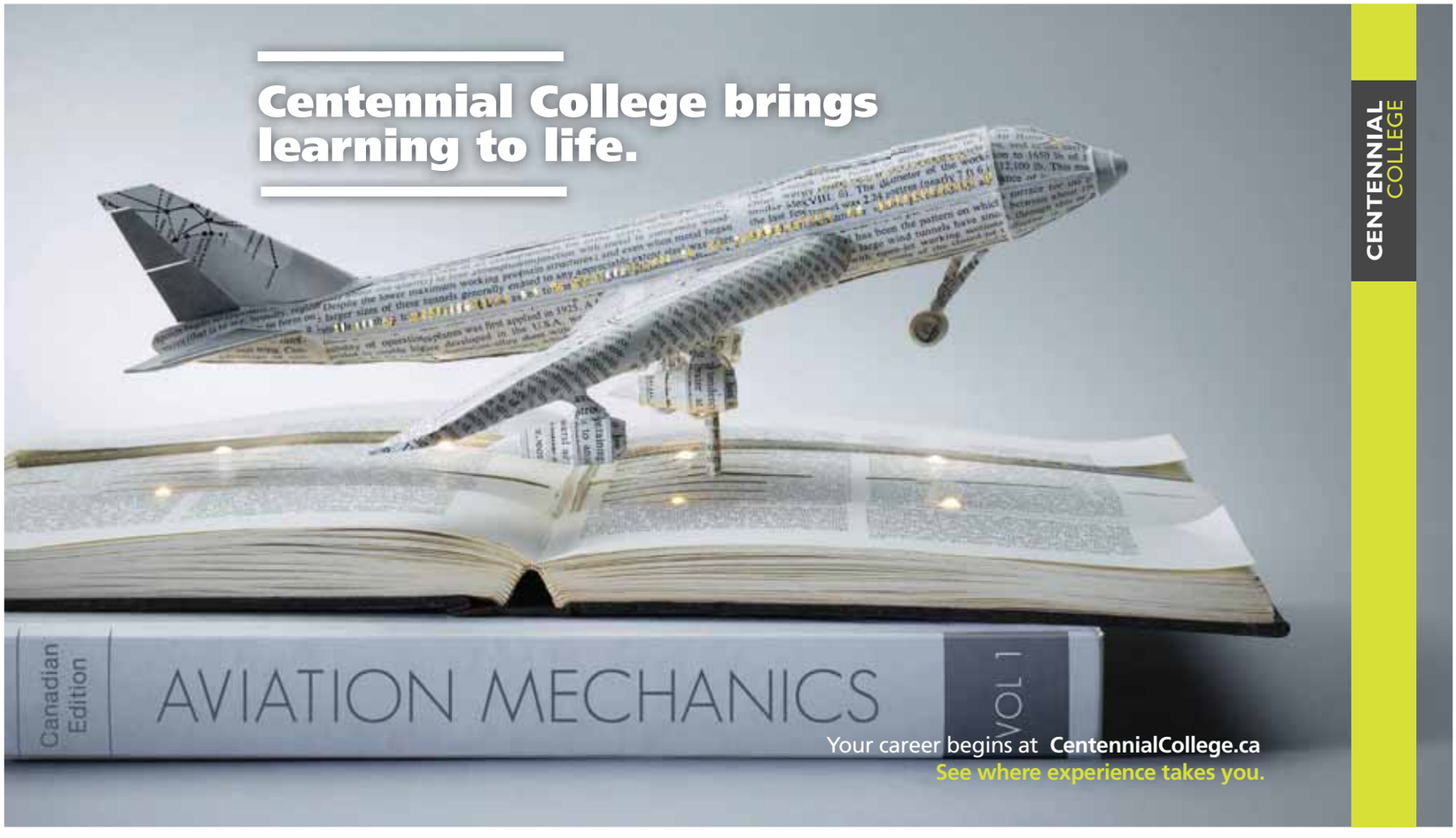
SHUTTERSTOCK

Graduates can go on to pursue opportunities in customer service and sales management in contact centres, retail operations and more.

"There are progressive careers and countless opportunities in these areas in financial services, telecommunications, retail and hospitality, and all levels of government," Pruner says.

Applications for this program are now being accepted.

For more information about this program, visit centennialcollege.ca.



metro SPORTS

Edmonton rusher John White will likely miss the CFL season with a ruptured Achilles

Tuesday, June 9, 2015

IN BRIEF

Fan hit by broken bat is upgraded to fair condition

The condition of the woman hit by a broken bat at Fenway Park has been upgraded to fair.

The family of Tonya Carpenter issued a statement Monday that said: "Tonya is responsive, and her condition has been upgraded from serious to fair."

Carpenter, 44, suffered what police initially said were life-threatening injuries during Friday night's game between the Boston Red Sox and Oakland Athletics. She was struck in the head when the bat of Oakland's Brett Lawrie broke and sailed into the seats. THE CANADIAN PRESS

STANLEY CUP

Go to metronews.ca for coverage of Game 3 in Chicago.

Blue Jays reel in Marlins

MLB

Offence explodes in Toronto's sixth victory in a row

First baseman Chris Colabello extended his hit streak to 18 games and the Toronto Blue Jays scored six runs in the first for an 11-3 win over the Miami Marlins on Monday, extending their win streak to six.

Designated hitter Josh Donaldson homered and had three runs batted in for the Blue Jays (29-30). Right-hander Marco Estrada (3-3) pitched seven innings for his second winning start in a row. He allowed seven hits and three runs in the opener of the three-game interleague series.

Designated hitter Giancarlo Stanton homered for Miami (24-34). Marlins left-hander Brad Hand (1-2) allowed six hits and six runs in two-thirds of an inning.

It was the first game between the teams since November 2012's blockbuster trade.

The Blue Jays sent catcher Jeff Mathis, shortstops Adeiny Hechavarria and Yunel Escobar, pitchers Henderson Alvarez, Justin Nicolino and Anthony DeSclafani and outfielder Jake Marisnick to the Marlins.

MONDAY In Toronto

11	3
BLUE JAYS	MARLINS

Toronto received shortstop Jose Reyes, pitchers Mark Buehrle and Josh Johnson, infielder Emilio Bonifacio, and catcher John Buck from Miami.

The Blue Jays scored six in the first inning started by Reyes' single and a one-out single by right fielder Jose Bautista. Colabello then extended his hit streak to 18 games with an RBI single.

Catcher Russell Martin walked, third baseman Danny Valencia hit a two-run double and centre-fielder Kevin Pillar hit a two-run single.

After second baseman Munenori Kawasaki hit a two-out RBI double, Hand was replaced by right-hander Andre Rienzo.

Edwin Encarnacion (sore left shoulder) was not in the Jays' starting lineup for the second game in a row Monday after having a cortisone shot on Saturday. He could return Tuesday.

Donaldson was designated hitter for the Jays with Danny Valencia starting at third base. Donaldson led off the second with his 16th homer of the season. THE CANADIAN PRESS

Blue Jays second baseman Munenori Kawasaki throws to first base after forcing out the Marlins' J.T. Realmuto at second on Monday night at Rogers Centre. FRANK GUNN/THE CANADIAN PRESS

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APOTEX ADVANCING GENERICS

Buchanan dubbed 'the Sinclair of defenders'

WOMEN'S WORLD CUP

Toronto native playing beyond her 19 years: Canada coach

It's early days yet but teenage defender Kadeisha Buchanan is thriving at the Women's World Cup.

Canadian coach John Herdman acknowledged that some of his players made some nervy, nearly costly mistakes during the early stages of Saturday's 1-0 win over China in the tournament opener. But not Buchanan.

"There's no jitters there," Herdman said admiringly. "That's a kid 19 years of age who just stepped and played like THE best centre back in the world. Look, I'm going to give her that label. That was as good a performance I've seen under that sort of pressure from a centre back."

> **"I'm not nervous anymore. I used to be super-nervous around Sinclair ... I was a huge fans of hers.**
>
> Kadeisha Buchanan, who isn't easily ruffled

Canada needed a strong showing from Buchanan on the weekend. Centre back partner Lauren Sesselmann had an erratic outing.

Buchanan certainly looks right at home. Physical and fearless, she is extremely hard to beat one-on-one. She also has the strength and athleticism to recover if an attacker gets a foot up on her.

Her battles with veteran American striker Abby Wambach, who is at the other end of her career, have been relatively few but memorable, with Herdman gleefully giving the edge to his player.

"I'm not frightened to say it. She's the Sinclair of defenders," Herdman said in May 2014 after Buchanan and Wambach faced off in a 1-1 draw in Winnipeg. "She's that good."

"Abby Wambach's scored 200-plus goals in her career. And Kadeisha Buchanan was the better player tonight," he added, rubbing salt in the wound.

The Toronto native was 17 when she made her senior debut against China in January 2013. Buchanan now has 36 caps.

On Thursday, she will lead the Canadian defence against a New Zealand side with its back against the wall after a 1-0 loss to the Netherlands.

Buchanan says she is focused but relaxed on the pitch "because I know the hard work that I put in, it'll just flow right through me." THE CANADIAN PRESS

Canada's Kadeisha Buchanan, left, and China's Wang Shanshan battle for the ball in Edmonton on Saturday.
JASON FRANSON/THE CANADIAN PRESS

Australia's Emily Van Egmond, right, and Carli Lloyd of the U.S. vie for the ball on Monday in Winnipeg.
JEWEL SAMAD/AFP/GETTY IMAGES

Americans rise above Australians

GROUP D In Winnipeg

3	1
U.S.	AUSTRALIA

Megan Rapinoe scored twice and the United States overcame early defensive shakiness to beat Australia 3-1 Monday night in the Americans' opener at the Women's World Cup.

Christen Press also scored for the second-ranked U.S., which is seeking its third World Cup title and first since 1999.

Lisa De Vanna tied the score midway through the first half, beating controversial American goalkeeper Hope Solo.

U.S. star forward Alex Morgan, sidelined by a bone bruise in her left knee, entered in the 79th minute in her first game action since April 11 with her Portland club.

Rapinoe scored in the 12th minute for the Americans, Press put the U.S. ahead for good in the 61st, and Rapinoe added her 31st international goal in the 78th, the first two-goal game at the World Cup for the Americans since Abby Wambach against Norway in 2007. THE ASSOCIATED PRESS

SWEDEN, NIGERIA DRAW

Francisca Ordega's 87th-minute goal pulled Nigeria into a 3-3 tie with Sweden on Monday.

Linda Sembrant came off the bench to put Sweden ahead 3-2 before Ordega's drive sailed between goalkeeper Hedvig Lindahl's legs.

Sweden led twice in the match, including a 2-0 differential in the first half. THE CANADIAN PRESS

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Prep time: 5 minutes
Cook time: 12 minutes

Ingredients
- 12 oz unpeeled Yukon gold potatoes, sliced into ½ round slices
- 12 oz trimmed green beans
- 4 tsp olive oil
- Salt and pepper
- 3 Tbsp maple syrup
- 1 Tbsp Dijon mustard
- 1 Tbsp lemon juice
- 8 oz sushi-quality tuna

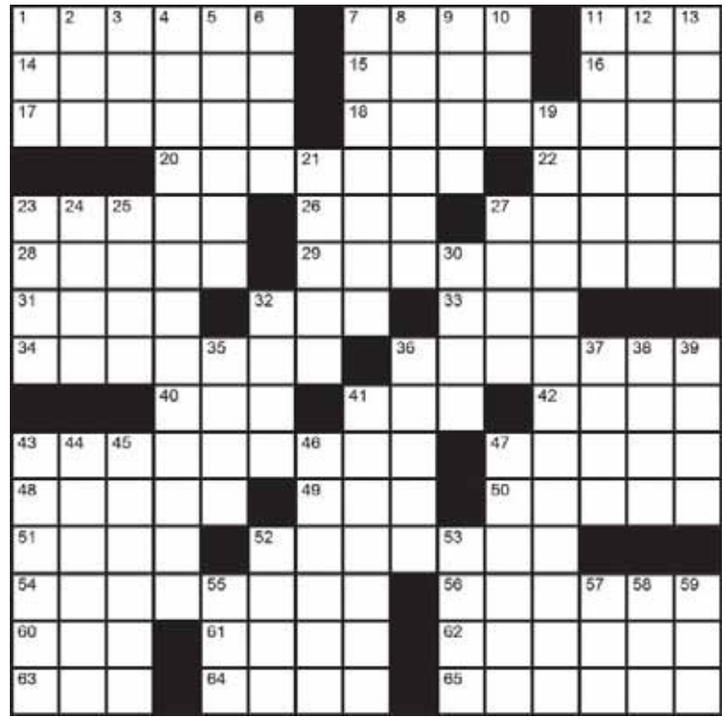
Directions
1. Preheat oven to 425 F.
2. In a pot of boiling water, cook potatoes for 10 minutes or until tender. Add to bowl along with green beans. Add 2 tsp olive oil, salt and pepper and toss.
3. Place on a baking sheet sprayed with vegetable oil and bake for 12 to 15 minutes, just until lightly browned.
4. Combine maple syrup, mustard, lemon juice and 2 tsp olive oil. Put 2 Tbsp of mixture into bowl, add tuna and marinate five minutes. Remove tuna and grill or sauté tuna for one to two minutes per side until rare or medium rare.
5. Slice tuna thinly across the grain, place over potatoes and beans and pour remaining sauce overtop.

Nutrition per serving
- Calories 220
- Protein 17 g
- Fat 5 g
- Cholesterol 20 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Don of "The Story of Alexander Graham Bell" (1939)
7. 23rd Greek letters
11. Insect
14. _ and Hardy
15. X-_ knife
16. Time off, fun-style
17. Scrape/wear away
18. Canadian specialty channel that airs "Outlander"
20. Gloria of "Sunset Blvd." (1950)
22. Vitamins brand, _ _ Day
23. Olympics city in Russia
26. A-U link
27. _ _ a Man (1947 Calder Willingham novel)
28. Mr. Robinson of "The Office"
29. Jazz singer born in Halifax: 2 wds.
31. "I'd like _ _ of Diet Coke, please."
32. Family
33. Airport sched. word
34. "Manic Monday" group, with The
36. Sporty swimsuits
40. Take the prize
41. Lefts opp.
42. Ms. Polo
43. Town in the Thousand Islands area of eastern Ontario
47. Force away
48. Hit for Canadian singer Edwin
49. Single chin
50. Finland's second largest city after Helsinki
51. 1997 Peter Fonda title role
52. Dutch artist Vincent: 2 wds.
54. Plot
56. Capital of Taiwan
60. The Skipper's island abode
61. Comic actress Roseanne
62. Informant's information
63. Printemps follower
64. Rock star Mr. Stone's
65. Where movie directors are typically: 2 wds.

DOWN
1. Tenn. neighbour
2. Fairy queen in literature
3. Continent, e.g.
4. They might drench rocky shorelines: 2 wds.
5. Snowy Owl for Harry Potter
6. Ancient Greek philosopher, Zeno of _
7. Fiery feeling
8. Fish group
9. Take _ _ the
10. Farm animal
11. Moviedom's Marlon
12. Open
13. Car repair shop stuff
19. World War I and II vessels that form a floating breakwater on Malaspina Strait in the coastal British Columbia city of Powell River: 2 wds.
21. Grape soft drinks Radar liked on "M*A*S*H"
23. Strikebreaker
24. Killer whale
25. James of "Misery" (1990)
27. Jane _
30. Swimmer's circuits
32. Casino game
35. Wrinkle
36. William _, Shrek! author
37. Actor Johnny
38. Nabisco cookie
39. Farm structure
41. Athletic shoes, Canadian-style
43. Tactless
44. With absolutely nothing left in stock: 2 wds.
45. Nothing: Italian
46. Mr. Slate's cartoon workplace
47. Get back
52. Lab bottle
53. Mr. Preminger
55. TV network
57. Edgar Allan who?
58. New newt
59. Suppositions

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Be yourself and follow your instincts. Opportunities will come thick and fast over the next few days and it's really just a question of how fast you can react to them.

Taurus April 21 - May 21
It's likely you are not your usual happy-go-lucky self at the moment and those around you have noticed the difference. Friends and colleagues will try to cheer you up, before you know it you will be all smiles again.

Gemini May 22 - June 21
Anyone who thinks you are too set in your ways will have to think again as you make strenuous efforts update your life. Don't follow the latest fad or fashion for the sake of it. Be progressive, not slavish.

Cancer June 22 - July 23
Act as if important people are watching your every move — because most likely they are. Uranus is sure to bring career changes of some sort and you are the one who will benefit.

Leo July 24 - Aug. 23
Today's Mars-Uranus link will have you feeling a lot more confident and adventurous. You will also feel that the things you have been worrying about in recent weeks are no longer worth the effort — you're right.

Virgo Aug. 24 - Sept. 23
Stop listening to other people and start listening to your inner voice for a change. Others will tell you what you want to hear today but only that small, still voice within will tell you what you need to hear. Listen to it carefully.

Libra Sept. 24 - Oct. 23
Someone you usually get along with will take an opposing viewpoint today and be quite aggressive about it. But so what? Instead of taking it personally just accept that sometimes even the best of friends can fall out.

Scorpio Oct. 24 - Nov. 22
Start making inroads into that pile of tasks you have to get through. For some reason you will be quite enthusiastic about the day-to-day chores you have to take care of — today at least.

Sagittarius Nov. 23 - Dec. 21
Forget about things that have gone wrong over the last couple months because you will more than make up for it over the next while. You have never been the sort who likes to feel sorry for yourself, so don't start now!

Capricorn Dec. 22 - Jan. 20
Make sure partners and loved ones know how you feel, especially if you are the kind of Capricorn who keeps a poker face. Sometimes it can be hard even for those who know you best to divine your mood.

Aquarius Jan. 21 - Feb. 19
Don't turn down a social invitation just because you have a lot of work to do. Today's link between Mars and your ruling planet Uranus urges — no, demands — that you get out into the world and have a fun time.

Pisces Feb. 20 - March 20
If you have been a bit too free with the cash in recent weeks then you will have to make savings between now and the end of the month. You may be tempted to have one final splurge today but, seriously, what's the point?

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

				8				
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6		1				5		9
3		2				1		6
8	9						4	2
	6						3	
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